

Tellington TTouch-for-You® Online

Bonus Q & A

Class Chat

TT4U Cellular Wisdom June 23, 2020 of Q & A

- 11:57:39 From Denise Müller : Can hear you very good
- 11:58:33 From Lois : Hi from AZ. Lois Kohlmeyer in Mesa.
- 11:59:55 From Valentina : Gruss Gott everyone from very hot today Montrose, Colorado!
- 11:59:59 From Donna Karras : Hi from Donna Karras- South Dakota
- 12:02:13 From donna shugrue: DONNA SHUGRUE from Massachusetts
- 12:02:23 From Shannon Weil : Good morning, Shannon Yewell Weil from Cool, California
- 12:02:25 From Sage Lewis : Sage Lewis: Prescott, AZ
- 12:02:32 From Denise Müller : Hi Denise Müller from Munich – Germany
- 12:02:37 From realjuel : Juel Duke, North Carolinal will have a couple of telemedicine calls so may step away for a few minutes a couple of times.
- 12:02:40 From Lyn Caswell : Lyn Caswell from Grafton, Ontario, Canada
- 12:02:51 From Sarah Hauser : Sarah Hauser, nyc
- 12:03:08 From Maria Zandstra : H Everyonei, Maria from France.
- 12:03:33 From Heide Rosenfels-Heschl : Hi from Vienna, Austria
- 12:04:28 From donna shugrue : Linda - I can't get to the Raised Hand - I have an issue I would like to work with you. It would be no more than an hour.
- 12:05:31 From Heide Rosenfels-Heschl : ????? could you show how to work with a ganglion (on the back of the foot?
- 12:06:42 From Heide Rosenfels-Heschl : ????? could you show which Touch could be useful on a lipoma?
- 12:07:33 From donna shugrue : I got to the raised hand icon for an hour with Linda for an issue I could use help with.
- 12:08:12 From Sage Lewis : I hear you, Donna and Heide. Standby....
- 12:30:14 From Sage Lewis : I have to head out. Heart hugs to all of you!! :)
- 12:40:41 From Liz Thompson : That's wonderful to hear thank you

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- 12:47:17 From Juel Duke : I have a telemedicine call
- 12:48:29 From Shannon Weil : CODE FOR AUTHENTIC WISDOM by Joan King
- 12:48:59 From Shannon Weil : AUTHENTIC LIVING (Correction)
- 12:50:14 From Shannon Weil : It was on Amazon but I don't see it listed today.
- 12:52:06 From Debby Potts : The book is out of print, contact the TTouch office for information about getting it.
- 12:54:37 From Juel Duke : And Im back for a few minutes.
- 12:57:01 From donna shugrue : Heidi Rosentha
- 12:59:57 From Lyn Caswell : Big storm just starting, so, if we lose power, thank-you all for this wonderful session.
- 13:00:25 From donna shugrue : Heidi Rosenfels-Hes.... Your background of the octopus is amazing. Can you tell me where you got it?
- 13:04:52 From chanelle suecroft : when reading joan c kings book she talks about the cells refractory period. its rest state. my body hasnt been doing this so it is a nice reminder not to feel guilty for slowing down which makes me think i had a problem with my sns system!!! too much adrenaline
- 13:33:41 From Pixel 3a : what about the back? and the bladder?
- 13:39:37 From Debby Potts : See you next time, I have a client soon. Heart Hugs to you all!
- 13:39:40 From Valentina : Liebe Denise--ask your biology colleague about how nerves communicate by successive electrical depolarization and repolarization along the external cell membrane of the long part of the nerve. In my experience the TTouches facilitate and increase the electrical communication between nerve cells and can make a difference in a number of nerve related situations.
- 13:40:11 From Alpha Harper : Hi mid -back pain can be from the kidneys getting or sharing the infection with the bladder
- 13:41:26 From Pamela Beets : an experience which relates to a topic from a class?
- 13:43:26 From Denise Müller : Liebe Valentina, i will do and next week I'm a bit smarter about this. He wanna teach me next Monday :)
- 13:43:43 From ruth evans : Hi sorry late on call but was doing the horses. Wanted to share that my Mum who is watching this with me and is 84 twisted her leg in the yard the other day. Only started hurting badly yesterday. She is booked to talk to our muscko skeletal practitioner at the doctors on 16th July. However, did python lifts and octopus and racoon touches on the leg and the pain almost

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went straight away. Also used a wrap on the hip and leg and worked almost immediately. She was so pleased and we will continue to use this in her management along with what the practitioner will say.

- 13:44:34 From Shannon Weil : HOW TO FIX YOUR BRAIN by Tom O'Bryan
- 13:44:57 From Valentina : Denise-- gluck auf und gluck wieder runter.....
- 13:49:56 From Heide Rosenfels-Heschl : Dear Denise, I would also be very interested what you tell your students about the relationship of Quantumphysics and TTouch. Ich hab keine Ahnung was die Verbindung von Quantenphysik und TTouch ist. Es wäre total hilfreich wenn du was schreiben könntest - auch in Verbindung mit Biologie. Das wäre auch für mich, vielleicht mehrere von uns. Du könntest es auch auf Deutsch schreiben u ich könnte es übersetzen. Wie klingt das? heiderosen@yahoo.com ist meine mailadresse liebe Grüsse, Heide
- 13:51:50 From Denise Müller : Hi Heide, ja ich kann meine Unterlagen einscannen und dann sehr gern (erstmal) auf deutsch an euch weitergeben. Ich werde es etwas sortieren und sobald ich es hab teile ich es.
- 13:55:13 From Shannon Weil : Ho'oponopono: The Hawaiian Forgiveness Ritual as the Key to Your Life's Fulfillment by Ulrich E. Duprée
- 13:55:24 From Shannon Weil : Yes, I have one.
- 13:55:36 From Heide Rosenfels-Heschl : Super, danke, Denise!
- 13:57:51 From Teresa Cottarelli-Guenther : I'm sorry, I have to leave, can't let alone the whole evening my husband, it is his Birthday! I will try to be on the next week. Lots of love and a big HeartHug.
- 13:58:04 From Donna Karras : Hi all from donna karras, I must leave now to take my dog to the vet- please send heart hugs to sweet Basil that we will get good news. Thank you
- 13:59:56 From Susanne Peschel : Hallo Denise, das wäre wirklich toll!
- 14:00:31 From Valentina : Denise- also an idea for your kids: tell them they can use TTouch on their friends when they have pain or stress--you will get some great stories!
- 14:01:32 From Liz Thompson : I've shared your TTouch with at least 10 people this week (they've loved it!) so you're helping lots and lots of us thank you!
- 14:02:03 From Denise Müller : thank you valentina, but actually it isn't allowed to touch others...
- 14:02:56 From Valentina : Denise-- even privately, outside of school? or what about their family members??

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- 14:03:27 From Denise Müller : yes, it's an good idea
- 14:04:31 From Susanne Peschel : It's getting late and he dogs are waiting for their last walk. See you next week.
- 14:07:03 From Donna Karras : Bye!
- 14:08:18 From Shannon Weil : You Are the Placebo: Making Your Mind Matter by Dr. Joe Dispenza
- 14:09:31 From Shannon Weil : The Ozone Miracle: How you can harness the power of oxygen to keep you and your family healthy 1st Edition by Frank Shallenberger, MD
- 14:10:48 From Pamela Beets : be back in a few minutes
- 14:11:33 From Sherran's iPad : Have to go thank you so much Sherran Pickering
- 14:12:03 From Maria Zandstra : Goodnight everybody it is getting late here. See you next week. Thank you so much Linda for these wonderful meetings!
- 14:22:08 From Shannon Weil : For Chantell Ho'oponopono: The Hawaiian Forgiveness Ritual as the Key to Your Life's Fulfillment by Ulrich E. Duprée
- 14:30:23 From ruth evans : Thanks Linda have to leave now as its getting late here in the UK and I have to see the horses againxxx
- 14:36:20 From Francoise : Thank Linda, thank all of you ! See you next week.
- 14:38:47 From Barbara's iPad : thank you...very helpful and loving. ❤️
- 14:42:04 From Pamela Beets : how be beautiful , your sister leading you to the next adventure
- 14:42:06 From Shannon Weil : Much love to you too, Lois.
- 14:42:34 From chanelle suecroft: geez guys i cant stop crying so beautiful
- 14:42:35 From Sarah Hauser : so beautiful
- 14:42:52 From Lyn Caswell : That was lovely Lois. Thank you for sharing.
- 14:42:57 From chanelle suecroft : geez guys i cant stop crying so beautiful
- 14:43:06 From chanelle suecroft : i love trigger and those old movies
- 14:59:55 From Kirsten : Cellular Wisdom Decoded
- 14:59:58 From Kirsten : <https://www.ttouchforyouonline.com/cellularwisdom/>